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MythBusters

Hypnosis Hypothesis Results

So in the episode Voice Flame Extinguisher, the MythBusters put classic hypnosis hypotheses under the microscope.

MYTHS:

1. Can you plant a suggestion to make someone do something against their will? Is this just Hollywood hocus pocus or can this actually be done?

2. Is memory recall better while hypnotized?

1. **BUSTED:** Not everyone can get hypnotized so first they had to find a worthy candidate. They tried by working on Grant who turned out to be a susceptible person. When Tori said the words "quantum physics" Grant was supposed to draw hearts on his robot and when Kari yawned he was to have an uncontrollable urge to jump up and down. I thought that this was actually going to work, but he just laughed really hard.

Once they saw that it just wasn't going to have any effect on Grant they came up with a scheme to try it out on one of the producers that they needed wanted to have hypnosis for a bad habit.

So Alice decided to go under and seemed to be doing well until they tried to have her do the actions. Pretty much it just does not work in the real world. **You have to want to accept the suggestion that you are given.**

2. **Is memory recall better while hypnotised?** The gist of this myth was to find out if you can remember more details under hypnosis than other normal circumstances. To refresh your memories, Adam and Jamie concocted a fake scene where a delivery man with major attitude. He ended up being so rude that he just pushed Jamie over the edge with this brazenness. The guys then let the team in on the prank after the incident is

over and then are told that they will take a test to see what they remembered.

First the team took the test prior to hypnotised and no one was able to remember anything critical that would be able to solve a crime or provide any sort of assistance. They called in expert hypnotist, Dave Hill who is convinced that he can refresh memories using rapid hypnosis. He will overload the mind with rapid commands. They then retake they test in a hypnotic state.

Kari remembered important dialog after hypnosis while Grant and Tori remembered names and details of tattoos.

Thanks to hypnosis this case was solved: CONFIRMED!!!

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